



## Second Step Preschool Curriculum

Shooting Stars has purchased the Second Step curriculum and uses it a few times a week through out the school year. The program is designed for preschool aged children and teaches skills to listen, pay attention, remember directions and control emotions. Providing young children with coping strategies and positive behavior skills better prepares children for kindergarten. The “New Second Step” early learning program teaches self-regulation and executive function skills that help children learn skills to manage their feelings, make friends and solve problems.



Second Step designed numerous daily activities that are fun and exciting which easily engages the young learner. Some activities include: Brain Builder games, songs, and puppet that the children love. Teachers at Shooting Stars have found how beneficial this program has been to daily learning opportunities though out the school day.